



Advance Care Planning and Goals of Care Conversations with Older Adults

AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS

When: Monday, Jan 16th to Sunday, Feb 12th, 2023

Cost: \$240 (Students \$120) Registration Deadline: Mon Jan 9th, 2023

This workshop will be offered only if there is sufficient enrolment.

Advance Care Planning (ACP) and Goals of Care (GOC) conversations in health care can be some of the most difficult, but also the most meaningful and rewarding tasks... Thorough discussions about the values, hopes, wishes, and goals of patients and their families can be challenging to navigate in our fast paced and complex health system. This workshop will provide an overview on the evidence surrounding advance care planning and goals of care conversations with older adults. There will be a focus on practical tools, case examples, interprofessional perspectives, as well as the role of the social determinants of health in these conversations.

WEEK 1: What are Advance Care Planning and Goals of Care Conversations?

- Define ACP and GOC- Why do they matter so much?
- Person Centred vs. Treatment Centred GOC Conversations
- Review relevant legislation that impacts these conversations
- Understand the role of shared decision making in ACP and GOC conversations

WEEK 2: Interprofessional Perspectives

- The role of the health care team in ACP and GOC conversations
- Who should be present for these conversations and when should they occur?
- Differences in settings (Hospital, Community, Retirement Homes, Long-Term Care)
- Managing multiple stakeholders (patients, families, health care team members)
- Case examples

WEEK 3: Advance Care Planning and Goals of Care tools

- Review of evidence-based tools and interventions for ACP/GOC Conversations for older adults
- How to adapt tools for your setting.
- Case Examples

WEEK 4: The Role of the Social Determinants of Health and ACP/GOC

- Why do the social determinants of health impact ACP and GOC conversations?
- Review the importance of culture and religion as it impacts ACP and GOC
- Adaptions of tools to promote inclusivity in these conversations
- Who is left out of these important conversations?
- Case examples

Instructors: Bailey Hollister (She/Her, They/Them), MSW, RSW

Bailey Hollister, MSW, RSW is a PhD Candidate in the Aging and Health program at Queen's University. She has a Master of Social Work from the University of Toronto, with a specialization in gerontology. Bailey has worked in the past at Sunnybrook Veterans Centre and currently works at Sunnybrook Health Sciences Centre as a social worker on a transitional care unit.

Registration and payment available online at www.aging.utoronto.ca