



**BEST PRACTICE WITH CAREGIVERS:
AN OVERVIEW OF EVIDENCE-BASED INTERVENTIONS**
AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS

When: Monday September 26th to Sunday October 23rd, 2022 (4 weeks) ONLINE weekly at your discretion
Cost: \$240 (Students \$120) Registration Deadline: Monday, September 19, 2022
This workshop will be offered only if there is sufficient enrolment.

Week 1: Current understanding of the needs of family caregivers

- Canadian context and international perspectives
- Effects of Covid

Weeks 2 & 3: Overview of types of programs and supports for family caregivers

- Effectiveness of interventions including education and skill training, care management, counselling multimodal models of care.

Week 4: Translating evidence-based interventions into practice

- How to adapt best practice models to areas of practice.
- How to develop your own evidence-based interventions.

Adriana Shnall, PhD, MSW, RSW, is the Program Director of the Koschitzky Centre for Innovations in Caregiving at Baycrest. Prior to this role, she was the Program Director of Clinical Services at Baycrest@Home and previously was the Manager and Professional Practice Chief for Social Work, including the Seniors Counselling and Referral and Senior Support Programs at Baycrest. Adriana has over 30 years of clinical experience working with older adults and their families, including outpatient community services, long-term care and inpatient services. In 2018, she was the recipient of the Baycrest Outstanding Innovations Award for her research in interventional approaches to working with family caregivers. Adriana teaches and has academic appointments at the University of Toronto with the Factor-Inwentash Faculty of Social Work and the Institute for Life Course & Aging, at the rank of Assistant Professor. Adriana is the Chair of the Caregiving Committee for the National Initiative for the Care of the Elderly (NICE), and is both a member of the Ontario and the Toronto Caregiver Coalitions. Adriana integrates clinical practice, education and research in the areas of family caregiving, dementia and gerontology.

Registration and payment available online at www.aging.utoronto.ca