Strategies for developing age-inclusive organizations and communities

AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS

When: Monday, January 17th to Sunday, February 13th, 2022 (4 weeks) ONLINE weekly at your discretion

Cost: $240 (Students $120) Sufficient Enrolment Decision Deadline: Monday, Jan 10th, 2022
This workshop will be offered only if there is sufficient enrolment.

Week 1: Importance of age-inclusive approaches
- What it means to be age-inclusive
- Differences between age-inclusive and age-friendly practices
- Positive impacts of age-inclusive approaches
- Conducting age-inclusive assessments

Week 2: The building blocks of age-inclusive spaces
- 8 Domains of community and livability
- Age-inclusive inclusive approaches in cities, long-term care, and community and educational organizations
- Creating an age-inclusive initiative in your practice

Week 3: Evaluating age-inclusive practices
- Assessing needs for age-inclusive approaches
- Developing indicators to measure age-inclusiveness
- Available tools to support evaluation

Week 4: Successful age-inclusive approaches
- Scaling up age-inclusive initiatives
- Methods to build connections and strengthen engagement and sustainability
- Age-inclusive champions and examples of successful age-inclusive strategies and initiatives, including networking and funding opportunities

Instructors:

Kate Ducak, MA, CPG, is a gerontologist with over 20 years of personal and professional experiences supporting older adults, people with disabilities and their care partners across the continuum of care. Kate has a background in project management, community engagement, collaborative qualitative and mixed methods research, program evaluation, and knowledge mobilization. She applies an intersectional approach to health equity issues thanks to her honours undergraduate and masters education in Health and Aging from McMaster University. Kate has a certificate in knowledge mobilization from the University of Guelph and masters certificate in project management from the Schulich School of Business at York University.

Christine Sheppard, MSW, RSW, PhD, is a post-doctoral fellow at Sunnybrook Research Institute focusing on age-inclusive practices in social housing to promote ageing in place among senior tenants. Christine has 10 years of experience working with community organizations, with a focus on enhancing capacity to develop, monitor, and evaluate programs and services for seniors. Christine received her PhD in aging, health and wellbeing from the University of Waterloo, and holds a Master’s of Social Work with a specialization in gerontology from the University of Toronto.

Registration and payment available online at www.aging.utoronto.ca